



Copy of Let's Talk 2019: Young Wom*n's Views on Sex Education Survey

Equality Rights Alliance's Young Women's Advisory Group (YWAG) wants to know what you think about sex education. In this survey, we are interested in your experiences of sex education at school, in particular at secondary school.

Sex education is classes or sessions covering topics such as puberty, safe sex and contraception, reproductive and sexual health, decision-making, gender and sexuality, consent and relationships. It might have been taught by a teacher, an external facilitator, an outside peer or chaplain or religious figure. We are also interested in what you would like to see taught to other young people.

The survey is for young women, including those who identify as women, cis* women, trans women, non-binary and trans-femme identifying young people aged 16-21. If you don't fit this criteria, you will not be able to complete the survey.

*Cisgender is when a person's gender identity and expression matches the sex they were assigned at birth. For example, if a person identifies as a woman and was assigned female at birth.

There may be some questions that feel embarrassing, shameful or shame to answer, it's okay to feel this way and all questions are voluntary.

This is a confidential survey and everything you share is anonymous, because we do not collect personal details like your name, address, school or contact details. This is also a voluntary survey. You can tell us as much or as little as you like.

The answers you give will help us understand what sex education is like for young women and non-binary young people in Australia. YWAG believes that it is important for young women and non-binary young people's voices to be heard! Your responses will be collected and used in a report, which will be sent to politicians, teachers, health professionals, and others. YWAG will use some of the responses in their social media activities.

You can return completed surveys to:

Equality Rights Alliance Young Women's Advisory Group

Email: era.projects@ywca.org.au

Post: GPO Box 2082, Canberra ACT 2601

If you'd like more information on Let's Talk, you can contact us at era.projects@ywca.org.au.

You can also join the conversation on Facebook at <https://www.facebook.com/YWAGERA/>

Support Services:

If there is something in this survey that you want to talk to someone about, it's important you can access support. We suggest contacting:

[Kids helpline](#): A free, private and confidential telephone and online counselling service specifically for young people aged between 5 and 25.

1800 55 1800 or copy and paste <https://kidshelpline.com.au/young-adults>

[1800RESPECT](#): A national counselling helpline, information and support 24/7 for people experiencing sexual assault or domestic and family violence.

1800 737 732 or copy and paste <https://1800respect.org.au>

[eSafety Commission Image-Based Abuse Portal](#): A national portal to help with removing intimate or nude images from online platforms, and for taking action against someone who shared your images without consent.

Copy and paste <https://www.esafety.gov.au/image-based-abuse/action/remove-images-video/report-to-us>

Thanks for your time and having your say!

These first few questions will ask you a bit of information about yourself, like your gender and age, and will help us work out if you fit the criteria to complete the survey.

The survey is for young women, including those who identify as women, cis women, trans women, non-binary and trans-femme identifying young people aged 16-21. If you don't fit this criteria, you will not be able to complete the survey.

*** 1. What is your gender? *Tick all the apply***

(YWAG recognises and values people's self-identification of their gender. The reason we collect this data is because of the benefits of disaggregated data and because our mandate is to promote the voices of women, including those who identify as cis women, trans women, non-binary and trans femme-identifying young people.)

- Woman/Girl
- Man/Boy
- Transgender
- Non-Binary
- Other (please specify)

2. How do you identify your sexuality? *Tick all that apply*

- Heterosexual
- Bisexual
- Lesbian
- Gay
- Asexual
- Pansexual
- Queer
- Questioning
- Other (please specify)

*** 3. What is your age?**

- Under 16 years
- 16 years
- 17 years
- 18 years
- 19 years
- 20 years
- 21 years
- Over 21 years

In this part of the survey, we're interested in hearing a bit more about you and your experiences of sex education in secondary or high school.

4. Which state/territory have you lived in during the majority of your secondary schooling?

- WA
- NT
- QLD
- NSW
- ACT
- VIC
- TAS
- SA

5. Where have you done to the majority of your secondary schooling?

- Metropolitan (city)
- Regional
- Rural
- Remote

6. Do you identify as Aboriginal and/or Torres Strait Islander?

- Yes, Aboriginal
- Yes, Torres Strait Islander
- Yes, Aboriginal and Torres Strait Islander
- No

7. Do you identify your cultural background as... (Tick all that apply)

- Migrant
- Refugee
- Culturally and linguistically diverse
- No, I don't identify with any of these
- Other (please specify)

8. Do you speak a language other than English at home?

- No, English only
- Yes (please specify)

9. Do you identify as living with a disability?

- No
- Yes

10. Which type of secondary school did/do you go to? (If you went to more than one type of school, choose the one where you spent the most time.)

- Public school
- Independent/private school - religious
- Independent/private school - non religious
- Special school
- Distance education - private
- Distance education - public
- Home schooling

Comments:

11. Did you receive/get sex education in school?

Remember, by sex education we classes or sessions covering topics such as puberty, safe sex and contraception, reproductive and sexual health, decision-making, gender and sexuality, consent and relationships, taught by a teacher, an external facilitator, an outside peer or chaplain or other religious figure.

- Yes
- No
- Don't Know

12. When did you first receive sex education in school?

- Year 5
- Year 6
- Year 7
- Year 8
- Year 9
- Year 10
- Year 11
- Year 12
- Don't Know
- Didn't receive any education

13. The next set of questions are specifically about your experience of sex education in secondary or high school.

During your time in secondary school, how often did you receive sex education?

- At least once every year
- Less than once a year
- Once only
- Comment

14. For each year that you received sex education, approximately how much time did you spend learn about sex and relationships?

- 1 to 2 classes
- A few weeks or a term
- Other (please specify)

15. Who provided your sex education in secondary school? *Tick all that apply*

- School teacher
- External educator
- Peer educator (not including friends)
- Other (please specify)

16. What has your experience of sex education in secondary school been like? If you have a story you would like to share, please write below:

17. What topics did you learn about? *Tick all that apply*

- Penetrative sex (penis in vagina sex)
- Other types of sexual activity
- Condoms
- Other types of contraception
- STIs/STDs (Sexually transmitted infections/ sexually transmitted diseases)
- Pregnancy and reproduction
- Consent
- Relationships
- Dating experiences
- Dating, sexual, domestic and/or family violence
- Diverse sexualities (lesbian, gay, homosexual, bisexual, asexual, pansexual, queer +)
- Diverse genders (transgender, genderqueer, gender fluid, non-binary)
- Intersex variations
- Homophobia, transphobia, biphobia
- Pleasure
- Gender stereotypes
- Body image
- Pornography
- 'Sexting', nudes and/or social media and relationships
- Sex in the media
- Accessing health services
- Online dating/dating apps
- Puberty

Other (please explain):

Sex education can help young people take care of their sexual health and well-being, deal with different things in their relationships, and also help prevent violence against women. The next few questions are about how much your sex education has helped you understand or deal with these things.

This can be a bit sensitive to answer. Remember that this survey is voluntary, and that you can choose not to answer questions if you wish, and that all of your answers are anonymous.

18. For each topic, please tick the number that matches how you feel (1 is strongly disagree, 5 is neutral, and 10 is strongly agree). There are no right or wrong answers.

After doing sex education in secondary school, I feel confident in my understanding of...

	1 (Strongly disagree)	2	3	4	5 (Neither agree nor disagree)	6	7	8	9	10 (Strongly agree)	N/A
Consent	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
What constitutes sexual harassment, assault, rape and domestic violence	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dating and relationships	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Different kinds of sexual activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Gender stereotypes	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Diverse sexualities (including lesbian, gay, bisexual, asexual, pansexual, queer and questioning)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Diverse genders (including transgender, non-binary, genderqueer and gender fluid)	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Intersex variations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Homophobia, biphobia and transphobia	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Pleasure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sex and using social media	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Where to get help and advice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Comment

19. For each topic, please tick the number that matches how you feel (1 is strongly disagree, 5 is neutral, and 10 is strongly agree). There are no right or wrong answers.

During secondary school, I feel/felt safe...

	1 (Strongly disagree)	2	3	4	5 (Neither agree or disagree)	6	7	8	9	10 (Strongly agree)	N/A
Taking part in sex education classes	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Discussing sex in general with friends	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Discussing sex in general with family	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Discussing sex in general with teachers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Discussing sex in general with partners/boyfriends/girlfriends	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Discussing sex in general with doctors or health workers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Thinking about navigating sex within my faith or religion	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Comments:

20. On a scale of 1-10 (1 being poor and 10 being excellent), how would you rate your experience of sex education in secondary school overall?

1 (Poor)	2	3	4	5	6	7	8	9	10 (Excellent)
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Comments:

21. Is there anything you learnt from your sex education classes in secondary school that has helped you take care of your physical sexual health & well-being:

- No
- Yes (please comment)

22. Is there anything you learnt from your sex education classes in secondary school that has helped you in your experiences with sex?

- No
- Yes (please comment):

23. Is there anything you learnt in your sex education classes in secondary school that has helped you in your experiences of dating or relationships:

- No
- Yes (please comment)

24. Is there anything that you would have liked to have been taught in your sex education in secondary school that was not included?

25. What do you think needs to be improved about sex education in Australian schools?

26. Do you have any other comments?

In this part of the survey, we would like to ask you about your experiences of nudes, nude selfies or sexy texts. By this we mean sexual photos, videos or messages that include or mention sexual activity, naked body parts, or that are arousing.

These might have been from many different apps, not just messenger or text.

IMPORTANT: Across all Australian states and territories, it's illegal to take or send nude or sexual images of a person under 18 under child pornography laws (even if it's yourself or if the person consents to have the images taken). For more information, see the Youth Law Australia website or copy and past this link: <https://yla.org.au/act/topics/internet-phones-and-technology/photos-and-videos-on-your-phone/>

All of the answers you give here are anonymous and we don't collect any information that could identify you or your answers later, but it's important to know this before choosing how and whether to answer. Remember all of your answers are voluntary.

27. Have you ever (tick all that apply)

- Sent a sexual written text
- Received a sexually explicit written text
- Sent a sexual or nude photo/video of yourself
- Received a sexual or nude photo/video
- Sent a sexual or nude photo/video of another person
- Received a sexual photo/video of person who is not the sender

28. If you have ever sent a sexual text or photo/video of yourself, was the recipient (tick all that apply):

- A regular partner or in a relationship with you
- A casual partner
- A friend
- A stranger

Other (please specify)

29. If you have ever received a sexual text or photo/video, was the sender (tick all that apply):

- A regular partner or in a relationship with you
- A casual partner
- A friend
- A stranger

Other (please specify)

30. How many times have you sent sexual texts, photos or videos?

- Only once
- A few times (less than 10)
- More than 10 times
- Other

31. If you have received sexual texts, photos or videos, did the sender ask for your permission first?

- No
- Yes (how?)

32. If you have sent sexual texts, photos or videos, have you gotten permission from the recipient? How?

- No
- Yes (how?)

33. What do you think about sending and receiving sexual or nude photos, videos or texts?

34. Are there any strategies you use to protect yourself when sending or receiving sexual or nude photos, videos or texts?

- Watermarks
- Avoiding faces or identifying features
- Only messaging trusted people
- Others (please identify)

35. Do you have any other comments? (This is the last question in the survey)

Thanks for completing the survey and having your say!

Please return your survey/s to:

Equality Rights Alliance Young Women's Advisory Group

Email: era.projects@ywca.org.au

Post: GPO Box 2082 Canberra ACT 2601

If you'd like more information on Let's Talk 2019, you can contact us at era.projects@ywca.org.au

If you're feeling upset or distressed about anything in the survey, and if there is that you want to talk to someone about, it's important that you access support. We suggest contacting:

Kids helpline: A free, private and confidential telephone and online counselling service specifically for young people aged between 5 and 25.

1800 55 1800 or copy and paste <https://kidshelpline.com.au/young-adults>

1800RESPECT: A national counselling helpline, information and support 24/7 for people experiencing sexual assault or domestic and family violence.

1800 737 732 or copy and paste <https://1800respect.org.au>

eSafety Commission Image-Based Abuse Portal: A national portal to help with removing intimate or nude images from online platforms, and for taking action against someone who shared your images without consent.

Copy and paste <https://www.esafety.gov.au/image-based-abuse/action/remove-images-video/report-to-us>

If you'd like some more information and sex and relationships, the organisations and webpages below might be of use:

Bits and bods: General sex ed
<https://www.bitsandbods.com>

True Contraceptive Choice: Evidence-based information of different contraceptive choices

<https://truechoicecontraceptivechoice.com.au/>

or contact your local family planning or sexual health service!

[Know4Sure](https://www.know4sure.org.au/): Information of pregnancy testing and options

<https://www.know4sure.org.au/>

[Minus 18](https://www.minus18.org.au/): Support for people identifying as lesbian, gay, bisexual, transgender, non-binary, intersex, queer, asexual and pansexual

<https://www.minus18.org.au/>

[OMGYes](https://www.omgyes.com/en/): Information on pleasure for people with vulvas and clitorises

<https://www.omgyes.com/en/>

[Youth Law Australia](https://yla.org.au/): Legal information for Australian young people under 25, including about sex

<https://yla.org.au/>